

**Hoërskool Johan Jurgens****Life Orientation  
Grade 11  
October/November 2025**

**Task: Final Exam**  
**Time: 2 Hours**  
**Total: 100 Marks**  
**Examiner: J Vlok**  
**Moderator: T Themba**

**Instructions and information:**

1. Write your name, surname and key on your folio paper.
2. Answer all the questions.
3. START EACH QUESTION ON A NEW PAGE.
4. Number all questions correctly, according to the numbering system used in the test.
5. Write neatly and legibly.

<b>SECTIONS</b>	<b>MARKS</b>	<b>TIME</b>
<b>SECTION A: Short Questions (Compulsory)</b>	20 Marks	30 Minutes
<b>SECTION B: Longer Questions (Compulsory)</b>	40 Marks	40 Minutes
<b>SECTION C: Essay Questions (Choose ANY TWO only)</b>	40 Marks	50 Minutes
<b>TOTAL</b>	<b>100</b>	<b>120</b>

**This Question paper consists of 9 pages**

**SECTION A: COMPULSORY****QUESTION 1**

- 1.1. Choose the correct answer for the following questions. Write ONLY the question number and letter of your answer on your FOLIO PAPER, e.g. 1.11.E.
- 1.1.1. The following is NOT an example of sexual harassment:
- A. Comments and questions of sexual nature.
  - B. Whistling and rude or suggestive gestures.
  - C. Having a different sexual orientation than the norm.
  - D. Someone staring at your body in an offensive way. (1)
- 1.1.2. A balanced lifestyle means that there is balance, harmony or evenness between these aspects of your life:
- A. Spiritual, cultural, religious and ethical behaviour.
  - B. Intelligence and respect.
  - C. Psychological, physical, social, emotional and spiritual.
  - D. Biblical, Social, Communal and Economical. (1)
- 1.1.3. Freedom of religion, belief and opinion means...
- A. you can gather with other people, hold a demonstration and picket.
  - B. you have the right to be treated equally and work in a healthy environment.
  - C. you cannot be arrested without a good reason, a charge or a trial.
  - D. you can have your own opinion and views; you cannot be forced to believe in something. (1)
- 1.1.4. Accountability means that those in power or authority must...
- A. not take responsibility for their actions, performance and decisions.
  - B. not explain and give reasons why they have done or not done certain things.
  - C. must take responsibility and be answerable for their actions.
  - D. not be open to the public. (1)
- 1.1.5. Parents can have a positive effect on their grade 11 children if they...
- A. support, encourage and communicate with their children.
  - B. accept their child for who they are, love them and tell them they love them.
  - C. supervise study times and ensure all schoolwork is done.
  - D. all of the above. (1)

- 1.1.6. Changes in the earth's temperatures, especially those changes produced by global warming.  
A. Climate change.  
B. Land pollution.  
C. Radiation.  
D. Water pollution. (1)
- 1.1.7. Open and honest communication within the workplace.  
A. Transparency.  
B. Representation.  
C. Obligation.  
D. Mitigation. (1)
- 1.1.8. A group of people with power to make or change laws.  
A. Legislature.  
B. Spectators.  
C. Mandates.  
D. Lobbying. (1)
- 1.1.9. A direct calculation of your body weight compared to your height.  
A. Warm-up.  
B. Body Mass Index (BMI).  
C. Cool down.  
D. Cardiorespiratory endurance. (1)
- 1.1.10 Positive Role Models are people who...  
A. smell good and dress well.  
B. pray without ceasing.  
C. are over 45 years old and married.  
D. can inspire and motivate you to make healthy and useful lifestyle choices. (1)

**10x1 [10]**

1.2 Match the words in Column A to the word/phrase in Column B. Write ONLY the letter next to the question number, e.g. 1.2.6. G.

COLUMN A		COLUMN B	
1.2.1.	Accountability	A	Summary or short version of your career experience, qualifications, skills and abilities.
1.2.2.	Curriculum vitae	B	Being responsible for something.
1.2.3.	Whistle blower	C	Learned abilities for learning and studying.
1.2.4.	Study skills	D	Rules for behaving based on ideas about what is morally good and bad.
1.2.5.	Ethics	E	A person who reports unethical, dishonest or corrupt behaviour.

**5x1 [5]**

1.3 Give one word/term for EACH of the following descriptions. Write only the word/term next to the question number (1.2.1 – 1.2.5) on your FOLIO PAPER.

- 1.3.1. The act or practice of killing someone who is very sick or injured in order to prevent any more suffering. (1)
- 1.3.2. When you are influenced by your friends to engage in activities that can be harmful to you. (1)
- 1.3.3. Sensible techniques and plans for studying. (1)
- 1.3.4. The point score system that gives points for the marks that you get in your NSC examinations. (1)
- 1.3.5. You are awarded this type of financial assistance to further your studies at a higher education institution if you don't have the money to pay for your studies or if you did well at school. (1)

**5x1 [5]**

**TOTAL SECTION A: [20]**

**SECTION B: COMPULSORY****QUESTION 2**

2.1. Read the news article below and answer the questions that follow.

**SEXUAL AND GENDER-BASED VIOLENCE**

Ex police minister Bheki Cele has accepted that some police officers need to be trained to fully understand the seriousness of gender-based violence (GBV). Cele insisted a unit be opened that will specifically deal with the crime and has set out a strong warning to police officers that subjected to survivors of GBV to secondary trauma that they will face serious consequences.

“We are developing the programme of having dedicated members of the South Africa Police Service (SAPS) who focus on GBV, because it is difficult to find anybody that understands the seriousness of the matter. But if we train them and keep them dedicated to tis to look after those people, once they gain experience, they will also develop empathy and become sympathetic.”

*Adapted from SABC News.*

2.1.1. Define the term ‘gender-based violence’ and show your understanding of the term by giving ONE example. (2x1) (2)

2.1.2. Explain why males are not as involved in campaigns against gender-based violence as women are. (2x1) (2)

2.1.3. Discuss THREE ways sexual harassment can take place between learners. (3x2) (6)

**2.2. *Traditional Bullying and Cyber-bullying amongst teenagers have increased within recent years.***

2.2.1. Differentiate between ‘Traditional bullying’ and ‘Cyber bullying’. (2x1) (2)

2.2.2. Tabulate (in table format) THREE ways how both types of bullying can be combated by individuals. (3x2) (6)

2.2.3. Give ONE example of the impact of bullying on an individual’s emotional well-being. (1x2) (2)

**[20]**

**QUESTION 3**

Study the cartoon below and answer the following questions.



- 3.1. Provide FOUR interview hints which young people should know that can assist them to do well in their interviews. (4x1) (4)
- 3.2. Give TWO reasons why it is important to dress well in an interview. (In your response, state how dressing well can be a huge benefit to you). (2x3) (6)
- 3.3. State TWO purposes of an interview. (2X2) (4)
- 3.4. List ONE approach for each of the following:
- Telephonic Interview
  - Panel Interview. (2x3) (6)

[20]

**TOTAL SECTION B: [40]**

**SECTION C: CHOOSE ANY TWO QUESTIONS**

Choose **ANY TWO** questions in this section.

Your response must consist of paragraphs (LEAVE A LINE OPEN BETWEEN PARAGRAPHS)

Marks will only be allocated for responses written in full sentences.

**QUESTION 4**

Study the information below and answer the questions that follow.



- Define the concept 'Procrastination.' (1x2) (2)
- Explain what is meant by 'time-management skills.' (1x2) (2)
- Explain FOUR ways how learners procrastinate. (4x2) (8)
- Propose FOUR guidelines for learners to manage their time better and more effectively. (4x2) (8)

**[20]**

**QUESTION 5**

Study the picture below and answer the questions that follow.



- Define the meaning of 'Risky behaviour.' (1x2) (2)
- Identify and explain THREE risky situations young people are frequently exposed to. (3x2) (6)
- Suggest practical solutions on how the THREE youth risk behaviours which you have mentioned can be addressed. (3x2) (6)
- Recommend any THREE factors that have a positive impact on lifestyle choices. (3x2) (6)

**[20]**

**QUESTION 6**

Read the extract below and answer the questions that follow.

**WHY IS WORKPLACE ACCOUNTABILITY IMPORTANT?**

Accountability at work is important to a business's success as a whole. Every employee whether permanent or part-time, is equally responsible for aiding in the success of a company.

In order to achieve the goal of the company, long and short term, it is important that all people within the company work together and be accountable.

*Adapted from <https://timewellscheduled.com/employee-accountability>*

- Explain what *accountability* in the workplace means. (1x4) (4)
- Describe TWO strategies you would implement as a part-time worker to ensure personal accountability at work takes place. (2x4) (8)
- Critically discuss FOUR consequences that a part-time employee may face if he/she does not perform tasks properly or complete tasks on time. (4x2) (8)

**[20]**

**TOTAL SECTION B: [40]**

**GRAND TOTAL: 100**

## Hoërskool Johan Jurgens



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**MARKING GUIDELINES**

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This Question paper consists of 7 pages

**SECTION A: SHORT QUESTIONS****Question 1**

Q.NR	ANSWER	Mark	Bloom
1.1.1	C ✓	1	LO
1.1.2	C ✓	1	LO
1.1.3	D ✓	1	LO
1.1.4	C ✓	1	LO

1.1.5	D ✓	1	LO
1.1.6	A ✓	1	LO
1.1.7	A ✓	1	LO
1.1.8	A ✓	1	LO
1.1.9	B ✓	1	LO
1.1.10	D ✓	1	LO
		<b>[10]</b>	
1.2.1	B ✓	1	LO
1.2.2	A ✓	1	LO
1.2.3	E ✓	1	LO
1.2.4	C ✓	1	LO
1.2.5	D ✓	1	LO
		<b>[5]</b>	
1.3.1	Euthanasia ✓	1	MO
1.3.2	Peer pressure ✓	1	LO
1.3.3	Technique ✓	1	LO
1.3.4	APS ✓	1	LO
1.3.5	Bursary ✓	1	LO
		<b>[5]</b>	
	<b>TOTAL SECTION A:</b>	<b>[20]</b>	

**SECTION B: COMPULSORY****QUESTION 2**

Q.NR	ANSWER	Mark	Bloom
2.1.1	GBV refers to the psychological, emotional, sexual or economic violence that occurs as a result of unequal power relationships between genders in society. ✓	2	MO

	<b>Example:</b> Rape, Femicide, incest ✓			
	<b>Any relevant response</b>			
2.1.2	Some men may distance themselves because they may...		2	MO
	<ul style="list-style-type: none"> <li>• Feel guilty of such acts ✓ so they don't need to involve themselves in any such campaigns ✓</li> <li>• Have been an abuser/perpetrator before ✓ so they may still feel too guilty about it/fake or false ✓</li> <li>• Think that there are enough men out there who can represent them ✓ so they don't bother to get involved. ✓</li> <li>• Know of other men who are guilty of such acts ✓ so they feel guilty for exposing them/betraying them ✓</li> </ul>			
	<b>Any relevant response</b>			
2.1.3	<ul style="list-style-type: none"> <li>• A learner touches another learner's breast or buttocks in a way they are not comfortable with or don't like ✓✓</li> <li>• Boys call girls who ignore their bad behavior 'bitches' ✓✓</li> <li>• Sexually insulting remarks about race, gender, ability or class ✓✓</li> <li>• Being followed around by another learner/ being stalked ✓✓</li> <li>• Boys/Girls standing near bathrooms making rude comments, which prevent them from going to the bathroom ✓✓</li> </ul>		6	MO
	<b>Any relevant response</b>			
2.2.1	<b>Traditional:</b> done face-face/ in person & can be physical ✓		2	MO
	<b>Cyber bullying:</b> done online using social media platforms such as comments, post etc. ✓			
2.2.2	TRADITIONAL	CYBER BULLYING	6	LO
	1. Choose better friends ✓	1. Report/block bully ✓		

	2. Report the bully ✓ 3. Ignore the bully ✓	2. Don't interact/entertain bully ✓ 3. Beware of what you post ✓		
	<b>Any relevant response</b>			
2.2.3	<ul style="list-style-type: none"> <li>• Becoming depressed ✓✓</li> <li>• Social isolation ✓✓</li> <li>• Anti-social behavior</li> <li>• Losing interest in hobbies</li> <li>• Mood swings</li> <li>• Changes in eating habits</li> </ul> <b>Any relevant response</b>		2	MO
			[20]	
<b>QUESTION 3</b>				
3.1.	<ul style="list-style-type: none"> <li>• Be punctual ✓</li> <li>• Be professional always ✓</li> <li>• Be presentable and neat ✓</li> <li>• Do not swear when in interview ✓</li> </ul> <b>Any relevant response</b>		4	MO
3.2	<ul style="list-style-type: none"> <li>• It will better your chances of getting short listed or considered ✓✓✓</li> <li>• It portrays a good image about you as an individual ✓✓✓</li> </ul> <b>any relevant response</b>		6	MO
3.3.	<ul style="list-style-type: none"> <li>• To indicate to the employers if you are suited for the position ✓✓</li> <li>• To assess qualifications and determining alignment with company values etc. ✓✓</li> <li>• For employer to promote the organization and to market yourself ✓✓</li> </ul> <b>Any relevant response</b>		4	HO
3.4	<b>TELEPHONIC:</b> Answering the phone on time ✓✓✓ Speak clearly and be polite		6	HO

	<b>PANEL:</b> Be professional and punctual ✓✓✓ Be prepared for interview <b>Any relevant response</b>		
		[20]	
	<b>TOTAL SECTION B:</b>	[40]	

**SECTION C: CHOOSE TWO**  
**QUESTION 4**

	<ul style="list-style-type: none"> <li>• <b>Procrastination:</b> To put off or delay doing ✓ something to a later time ✓</li> </ul>	2	HO
	<ul style="list-style-type: none"> <li>• <b>Time Management skills:</b> Ability to use or plan one's time effectively or productively ✓ which allows one to complete the activities and tasks in the appropriate amount of time ✓</li> </ul> <b>Any relevant response</b>	2	HO
	<ol style="list-style-type: none"> <li>1. Reading messages on phone ✓ before doing homework ✓</li> <li>2. Doing other things e.g. packing cupboards etc. when they should be doing homework ✓✓</li> <li>3. Play games ✓ before doing the actual work ✓</li> <li>4. Tell yourself you are tired and need sleep for a while ✓ so you can be fresh when you start to study ✓</li> </ol> <b>Any relevant response</b>	8	HO
	<ul style="list-style-type: none"> <li>• 1. Prioritize the most important tasks first ✓✓</li> <li>2. Draw a study plan ✓ in order to analyses how they sped time and cut out time wasters ✓</li> <li>3. Get organized ✓ have all your study notes, stationary etc. ready before you start studying ✓</li> <li>4. Avoid multi-tasking ✓ because it distracts you and reduces productivity ✓</li> </ul> <b>Any relevant responses</b>	8	HO
		[20]	

**QUESTION 5**

	<ul style="list-style-type: none"> <li>• <b>Risk behavior:</b> Type of behavior that may expose you to harm/risk of harm ✓ which may prevent you from reaching your full potential. ✓</li> </ul>	2	HO
	<ul style="list-style-type: none"> <li>• 1. Reckless road use ✓ which leads to road accidents/injury etc. ✓</li> <li>• 2. Substance use and abuse ✓ which may cause brain damage/ health problems ✓</li> <li>• 3. Unsafe sexual behavior ✓ may contract HIV/AIDS etc. ✓</li> </ul> <p><b>Any relevant response</b></p>	6	HO
	<ul style="list-style-type: none"> <li>• <b>Must refer to the risky behaviors mentioned in the previous question</b></li> </ul> <p>Reckless road use – Obey the rules of the road ✓ to avoid fatal accidents ✓</p> <p>Substance use – Be informed about the harm that substances can do to your body ✓ and live a healthy lifestyle. ✓</p> <p>Unsafe sexual behavior – Know your values, beliefs and be assertive ✓ wait until you are ready or until marriage ✓</p>	6	HO
	<ul style="list-style-type: none"> <li>• Positive role models – someone who inspires you ✓✓</li> <li>- Parents – support and encourages you ✓✓</li> <li>- Peers – positive peer support groups ✓✓</li> </ul> <p><b>Any relevant response</b></p>	6	HO
		<b>[20]</b>	
<b>QUESTION 6</b>			
	<ul style="list-style-type: none"> <li>• <b>Accountability:</b> employees take responsibility to complete tasks they are assigned, to perform the duties required by their job ✓✓ If tasks are not completed or job is not performed properly</li> </ul>	4	HO

	<p>✓ then that employee will also be responsible for dealing with the repercussions. ✓</p> <p><b>Any relevant response</b></p>		
	<ul style="list-style-type: none"> <li>• Set SMART goals for yourself ✓ which will help enhance your productivity ✓ and help monitor your progress ✓✓</li> <li>- Commit to do more than what is expected of you ✓ which will prove your dedication to contribute ✓ to the growth of the company that you are a valuable asset to the company ✓✓</li> </ul> <p><b>Any relevant response</b></p>	8	HO
	<ul style="list-style-type: none"> <li>• Lose your job ✓ as companies cannot afford to keep people who do not deliver/waste their time, money/ have their best interest at heart ✓</li> <li>- Face disciplinary steps ✓ which will give you a bad track record ✓</li> <li>- Harm your reputation ✓ and will not get a good reference if you want to apply for another job ✓</li> <li>- Not be considered for bonuses/promotions ✓ as you are considered to be unreliable ✓</li> </ul> <p><b>Any relevant response</b></p>	8	HO
		[20]	
	<b>TOTAL SECTION C:</b>	[40]	
	<b>GRAND TOTAL:</b>	[100]	